

# How to Use Encouragement

*Tone of voice can make or break the effectiveness of any of these statements. Sarcasm or criticism will destroy the value of what you say; support and respect will communicate true encouragement.*

## How to show trust:

- “I like the way you handled that.”
- “Knowing you, I am sure you will do fine.”
- “I think you can do it.”
- “I am sure you can decide this for yourself. If you need help, I’ll be right here.”
- “I would like to know your opinion about...”

## How to show the importance of hard work:

- “If you keep working, you’ll probably get it.”
- “Working hard always pays off.”
- “Hard work is not always easy, but it’s always worth it.”

## How to point out strengths and improvements:

- “It looks as if you worked hard at...”
- “Look at the progress you have made in...”
- “You have really improved in...”

## How to teach children to learn from mistakes:

- “You made a mistake and we all make mistakes sometimes. What can you do about it?”
- “If you are not satisfied, what can you do?”
- “What could you do differently next time?”
- “Sounds like you have learned ...”
- “What did you figure out about...”

## How to encourage responsibility:

- “It’s up to you.”
- “If you want to.”
- “You can decide that for yourself.”
- “Your decision will be fine with me.”