

YOU CAN'T TEACH IT IF YOU DON'T KNOW IT!

If you were asked to deliver a lecture about marine biology in thirty minutes, would you be able to give a terrific speech?

Probably not. And neither would I.

How about if the subject was antique marble collecting? Or ancient Chinese weaving techniques?

The point is: We cannot teach that which we do not know.

It seems so obvious, yet we may often overlook this concept while raising our children.

Do any of the following sound familiar?

“Do your schoolwork before you play!” or, “Clean up your room!” or, “You forgot your homework again!?” You’re lucky your head is attached or you’d forget that!”

Let’s look a bit more closely at this specific characteristic of responsibility, and see if we can instill it in our children more effectively.

Just as we cannot teach your child about a foreign subject that we know nothing about, similarly, it is impossible to teach our children to be responsible without modeling that very trait.

Ask yourself about your habits: Do you accomplish the necessary domestic duties prior to relaxing, or do you find yourself on the couch at a time when you ought to be heating up dinner? Do you regularly pay your bills in a timely manner, or do you procrastinate and get whacked with late fees? Do you wake in the morning with time to spare, in order to facilitate a calm morning, or do you hit ‘snooze’ until the last possible moment and then rush around like crazy?

Many habits can be changed with just 5-7 days of consecutive willpower; and after that initial week the new routine won’t even seem hard anymore!

As a result of our ability to overcome a specific lack of efficiency, we will be in a stronger position to help our children grow in their level of responsibility.

Can you find an area where personal change will undoubtedly aid your child’s development?

WE CAN ONLY TEACH THAT WHICH WE KNOW!

